

CATEGORIES

CHILDREN, WOMEN & MENS;
SEMI CONTACT
CONTINUOUS

TEAMS

FORMS

PUSHING HANDS





HE BRITISH KUNG FU ASSOCIATION
OPEN NATIONSHIPS
CHAMPIONSHIPS

Open to all Styles and Organisations Karate, Kung Fu, Taekwondo, Kickboxing, Freestyle

SUNDAY 29TH OCTOBER 9AM

ROWLEY CAMPUS, CURRAL ROAD, SANDWELL, WEST MIDLANDS. B65 9AN









Lau Gar Kung Fu @laugar_kungfu





CHILDREN SEMI-CONTACT POINT FIGHTING

1)	- Small Children	(5-6 years)
2)	- Mixed Gender Open Weight	(7-8 years)
3)	- Mixed Gender Open Weight	(9-12 years)
4)	-135cm Beginner	(1st 3 grades)
5)	-145cm Beginner	(1st 3 grades)
6)	-155cm Beginner	(1st 3 grades)
7)	+155cm Beginner	(1st 3 grades)
8)	-135cm Int - Adv	(4th grade up)
9)	-145cm Int - Adv	(4th grade up)
10)	-155cm Int - Adv	(4th grade up)
11)	+155cm Int - Adv	(4th grade up)

CHILDREN LIGHT CONTINUOUS FIGHTING

12)	- Small Children	(5-6 years)
13)	- Mixed Gender Open Weight	(7-11 years)
14)	- Girls Open Weight - Beg	(12-16 years)
15)	- Girls Open Weight - Int-Adv	(12-16 years)
16)	-135cm Beginner, Int - Adv	(all grades)
17)	-145cm Beginner, Int - Adv	(all grades)
18)	-155cm Beginner, Int - Adv	(all grades)
19)	+155cm Beginner, Int - Adv	(all grades)

MENS SEMI-CONTACT POINT FIGHTING

20)	Mens Beginner	(-80kg)
21)	Mens Beginner	(+80kg)
22)	Mens Intermediate	1012-24
231	Mens Advanced	(Brown & Black)

WOMENS SEMI-CONTACT POINT FIGHTING

24)	Womens (All grades)	- 65kg
25)	Womens (All grades)	+65kg

MENS LIGHT CONTINUOUS FIGHTING

26)	Mens Light (all grades)	-69kg
27)	Mens Light (all grades)	-79kg
28)	Mens Light (all grades)	+79kg

WOMENS LIGHT CONTINUOUS FIGHTING

29)	Womens Light (all grades)	-65kg
30)	Womens Light (all grades)	+65kg

FORMS

31)	Children Forms (10yrs	and under - all grades)
32)	Children Forms	(11-16yrs - all grades)
33)	Adult Forms (a	Il grades up to purple)
34)	Adult Open Hand Form	s (brown - 2nd degree)
35)	Adult Weapon Forms	(brown - 2nd degree)
36)	Adult Advanced Forms	(3rd degree and above)
	*(All Forms are limited to a 4 m	in duration)

STICKING HANDS

37)	Adult Pushing Hands	(brown - 3rd degree)
38)	Adult Advanced Pushing Hands	
	(4th degree and above)	
	*(All students must be enter	red by a senior instructor)

TEAMS

39)	Children Teams -5ft	(3 per team)
40)	Children Teams +5ft	(3 per team)
41)	Ladies Team	(3 per team)
42)	Mens Team	(3 per team)

Children - 16 Years and Under **Beginner** - Novice up to and including 3rd Grade

Intermediate - 4th Grade to below Brown

Advanced - Brown & Black Belt

PLEASE NOTE:

Organisers and Officials reserve the right to withdraw or merge categories should there not be enough competitors.

ENTRY FEES

First Category (Children & Adults)	£15
Each Additional Category	£5
Team Entry (Children & Adults)	£15
Spectators	£7
*(Children under 4vrs Free)	

DOORS OPEN 9AM - TOURNAMENT BEGINS 10AM PROMPT ADULT FINAL REGISTRATIONS AT 12PM