



**OPEN TO  
BROWN SASHES  
& ABOVE**

# **BUTTERFLY KNIVES W O R K S H O P**

**£35  
JUST COURSE  
£50  
COURSE  
& PRACTICE  
WEAPON**

## **WITH MASTER RUSSELL & MORAG QUIRK**

This workshop will teach the movements comprising the Butterfly against Empty Hand routine learned by Grand-master Yau from his Grandfather whilst training in Hong Kong.

The butterfly Knife movements used in the routine will be a very useful preparation to the Butterfly Knife set required for the Fourth Degree Black Sash.

The empty hand movements are relevant to other situations, including empty hand and weapon attacks

- To attend this course you will need to have graded to Brown Sash as a minimum.
- Some experience of Butterfly Knife use would be useful, but it is not essential.
- A knowledge of the other Lau Gar edged weapons routines would be beneficial.

Practice Butterfly Knives can be purchased if specified on application in advance of course or you can provide your own.

You may pre-register by downloading an application form from the website or entries are also accepted on the day.

**SUNDAY 19TH FEB 2017 12AM-4PM**  
**WEST WALSALL E-ACT ACADEMY**  
**PRIMLEY AVENUE, WALSALL. WS2 9UA**

