



# GRANDMASTER YAU LAU GAR KUEN SEMINAR

WEST WALSALL E-ACT ACADEMY  
PRIMLEY AVENUE, WALSALL. WS2 9UA

SUN 16 FEB 2020  
10AM - 4PM

OPEN TO  
ALL BKFA  
MEMBERS  
Yellow Sash  
& Above

## Learn directly from Grandmaster Yau

Learn and Train with the living legend and current keeper of the Lau Gar Style.

Grandmaster will give definitive answers on the Lau Gar syllabus to an intricate level of detail.

This is a unique seminar, an opportunity not to be missed for students and instructors.

A physical training seminar and all those attending will be expected to participate.

Core syllabus items will be covered including a handful of sets with time permitting, anything not covered this time will be covered on the next seminar scheduled to be held later this year.

- Syllabus Items
- Training Drills
- Method of Practice
- Partner Drills
- Applications
- Chin-Na
- Sticking hands
- Questions & Answers

Please Bring;

- A notepad to take notes
- Focus Pads (essential), possibly a stiking shield if you have one
- Something to Eat and Drink
- Opportunity to buy a current Licence if you havent got one

**Course Fee £40\*** (pre-registered)  
**or £50 on the day**  
\*discount of £10 for all that pre-register.

**\*Pre-Registration with Payment must be received by 7th Feb**

To secure your place;

Please download and complete an Application Form from the Calender Section of the BKFA website.

Payment;  
You may pay by Cheque or PayPal.  
Details of how to pay are shown on the application form.

Please Note: All monies paid are non-refundable.



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