



BRITISH KUNG FU ASSOCIATION SUMMER COURSE

JOHN BRIGHTS SPORTS CENTRE
MAESDU ROAD, LLANDUDNO. LL30 1LF

26TH JUL-1ST AUG 2020



Learn from the Masters of Lau Gar

The BKFA Summer course is
Open to all ages and abilities.

White, Blue and Orange Sashes will be upgraded to the next grade upon successful completion of the weeks training.

- Dragon drills, walks and dual man applications
- Dragon Fist (Traditional Form)
- Unleash your Inner dragon
- Refresh Shaolin Walking Dragon Sword
- Conquer the Great Orme (Running/Walking)

- Free Social Event
- Family Fun Afternoon
- Have fun in Beautiful Llandudno
(download brochure from BKFA website)

Morning Session (7 - 8am Outdoor Meet)

Main Session (10am - 2pm Sports Hall)

**Course Fee £150
or £120 - SAVE £30!**

**with Discounts applied

* £20 Discount with current BKFA licence

* £10 Early Bird Discount (book by May 31st)

Make a saving of £30 **if all discounts are applied (£120 total)

- One **FREE** place at the course
per family group for under 18 years olds

Full payment must be received by 1st July.

Please download and complete an application form
from the BKFA Website to book your place.



FOR THE LATEST NEWS & INFORMATION PLEASE VISIT
WWW.LAUGAR-KUNGFU.COM