

### British Kung Fu Association

## Anti-bullying Policy

# (January 2020)

## Safeguarding Children Who Participate in Kung Fu

This anti-bullying policy sets out the British Kung Fu Association (BKFA) approach to bullying in its clubs, what we'll do to tackle it and how we'll support children and young people who experience or display bullying behaviour.

### Bullying

- all forms of bullying will be acted upon
- everybody within the BKFA has a responsibility to work together to stop bullying
- bullying behaviour can include:
  - physically intimidating, pushing, kicking, hitting, pinching etc.
  - name calling, spreading rumours, persistent teasing and humiliation or the continual ignoring of others
  - posting of derogatory or abusive comments, videos or images on social media
  - racial, religious, homophobic, transphobic or sexist comments, taunts or gestures
  - sexual comments, suggestions or behaviour
  - unwanted physical contact

### The BKFA, our clubs and instructors will:

- recognise their duty of care and responsibility to safeguard all students from harm
- promote and implement this anti-bullying policy in addition to our safeguarding policy and procedures
- ensure that bullying behaviour is not tolerated or condoned
- require all members of the club to adhere to this policy
- take action to investigate and respond to any reports of bullying from children and young people
- encourage and help young people to play an active part in adopting a code of conduct for behaviour
- ensure that instructors are given access to information, guidance and training on how to deal with bullying.

Any instructor who feels in need of support over general, or specific issues around bullying, can contact the BKFA's National Child Protection and Safeguarding Officer, Alec Clark on 07508007624, alecclark@hotmail.com.

### Each participant, instructor, volunteer or official will:

- encourage individuals to speak out about bullying behaviour
- respect every child's need for, and right to, a training environment where safety, security, praise, recognition and opportunity for taking responsibility are available
- respect the feelings and views of others
- recognise that everyone is important and equal, and that our differences make each of us special and worthy of being valued
- show appreciation of others by acknowledging individual qualities, contributions and progress
- ensure safety by having rules and practices carefully explained and displayed for all to see
- report any incidents of bullying behaviour they see by doing nothing they would be condoning the behaviour

#### Support for children

Each instructor, volunteer or official (e.g. at tournaments) should:

- let children know who will listen to and support them
- create an "open door" ethos where children feel confident to talk to an adult about bullying behaviour or any other issue that affects them
- acknowledge and address potential barriers to talking (including those associated with a child's disability or impairment) at the outset to enable children to speak out
- make sure children are aware of helpline numbers
- listen carefully to anyone who reports an incident of bullying and take seriously all reports
- investigate any reported experience of bullying behaviour. This will involve listening carefully to all those involved
- support and help children experiencing bullying behaviour to uphold their right to train in a safe environment
- support and encourage those who display bullying behaviour to develop better relationships
- make sure that any sanctions are proportionate and fair

#### Support for parents and carers

- parents and carers will be advised of the BKFA's anti-bullying policy and practices
- any experience of bullying behaviour will be discussed with the child's parents or carers
- parents and carers will be consulted on action to be taken (for both victim and bully) and, if possible, will agree on these actions together
- information and advice on dealing with bullying will be made available to parents and carers
- support will be offered to parents, including information from other agencies or support lines (see below)

#### Useful contacts

NSPCC Helpline 0808 800 5000 Childline 0800 1111 / <u>www.childline.org.uk</u> Kidscape <u>www.kidscape.org.uk</u>

Anti-Bullying Alliance www.antibullyingalliance.org

BKFA National Child Protection and Safeguarding Officer -Alec Clark: 07508007624, alecclark@hotmail.com